



Chalice Chat

Sunday News from the Harvard Unitarian Universalist Church
March 17, 2019

Sharing Our Plate: -- [Addameer](#) – March 17, 24 ADDAMEER (Arabic for conscience) Prisoner Support and Human Rights Association is a Palestinian non-governmental, civil institution that works to support Palestinian political prisoners held in Israeli and Palestinian prisons. Established in 1992 by a group of activists interested in human rights, the center offers free legal aid to political prisoners, advocates their rights at the national and international level, and works to end torture and other violations of prisoners' rights through monitoring, legal procedures and solidarity campaigns.

“Living Our Values” Laura Wagner March 17

UUs value the Seven Principles. They guide us as we navigate our lives. In our efforts to confront oppression in today’s volatile political climate, these values are more vital than ever. Join us for a service led by Laura Wagner MSW, Executive Director of the Unitarian Universalist Mass Action Network. Together we will explore the climate crisis, how this intersects with multiple justice issues, and what we are called upon to do to create change.

“The Radical Black Freedom Struggle” Rev. Karlene Griffiths Sekou and Rev. Jill Cowie, March 24

The Black Lives Matters movement continues and adds special nuance to the powerful history of the radical Black freedom struggle. Rev. Karlene will speak to the power of movement building and what the call is for us today. A workshop and light lunch will immediately the worship service.

RELIGIOUS EDUCATION

Being on a journey

- Children start in the Sanctuary. Nursery is staffed 9:45 to 11:15.
- Children will meet 10:20 to 11:10, and afterwards will be escorted back to their parents in the sanctuary. If we come early, a story will be read upstairs in the Belfry room.

Please welcome the children to coffee hour. It's a time for sharing and getting to know one another.

This week all the children will be continuing on their "journey" of making Auction items!

Building Bridges' meeting will be confirmed by email this weekend. No SHYG.

Last week the Butterflies learned how a couple children worked to help the environment; where a small act of doing or kindness can grow to something big. We worked on our Auction stationery.

A big Thank you to the High School Youth Group for your church service and action stations. So much was shared, so much was learned, and so many bonds built. You guys are the best!

-Laura Vilain, DRE Intern

ANNOUNCEMENTS

Say What You Mean After the worship service about “Speaking the Truth With Love” (February 17), people have asked me about how they can learn to practice speaking with more clarity and awareness. I found a book, *Say What You Mean*, by Oren Jay Sofer who combines my three favorite practices: mindfulness, compassionate communication and somatic awareness, and applies them to the art of mindful communication. If you purchase a kindle version (which I did using a free kindle app for my laptop) you can link to his audio recordings of mindful practices as you read, which is a relaxing, grounding way to read a book and learn the practices.

<https://www.shambhala.com/say-what-you-mean.html> Join me after worship on Sunday March 31st and April 14th in the Community room from 11:30-1:00 to explore and practice his teachings together and maybe even finding a practice buddy between sessions. I can reimburse you for the cost of the book if that helps. Can you let me know if you are interested by calling me at 617-697-0922 or emailing me at revjillcowie@gmail.com

Thank you.

-Rev. Jill

Donate Unique Foods and Items! This month we encourage you to drop off unique items that are most needed at Loaves and Fishes: Ensure, Carnation Instant Breakfast, feminine care products, soap, body wash, shampoo & conditioner, toothpaste, toothbrushes, liquid dish soap, adult and kid pull up diapers, poise pads. Drop off in front foyer; last day is March 31.

-Hugh and Maddy Silk

SOCIAL ACTION

BLM Workshop, Sunday, March 24

The SJMC is sponsoring a workshop, **Being in Solidarity**, after church on Sunday, March 24 from 11:45 – 1:30 pm in the Fellowship Building. A light lunch will be served from 11:15 – 11:45 pm. The workshop will be facilitated by **Karlene Griffiths Sekou**, an inspiring speaker and Black Lives Matter Boston Core Organizer. Please join us as we continue our work toward advocating for a common, loving, sustainable world. Childcare will be provided. Sign up encouraged but not required. Contact Ginger Kendall at 4kendalls@charter.net.

CHURCH CALENDAR

Sunday March 17

10:00 a.m. Worship Service

“Living Our Values”

Laura Wagner

11:20-11:50 Jr. Choir

12:00-1:00 Chimers

Monday March 18

7-8:30 p.m. Buildings & Grounds meeting

Tuesday March 19

Noon: Belfry Deadline

6:00-8:00 p.m. Worship Team meeting

7:00-9:00 p.m. Soul Matters

Wednesday March 20

7:00-8:00 p.m. Meditation

Thursday March 21

9:00-11:00 a.m. Soul Matters

7:30-9:00 a.m. Choir

Sunday March 24

8:45 -9:45 a.m. Chimers

10:00 a.m. Worship Service

“The Radical Black Freedom Struggle”

**Rev. Karlene Griffiths Sekou and
Rev. Jill Cowie,**

11:20-11:50 a.m. Junior Choir

11:45-1:30 *Being in Solidarity* workshop