



Chalice Chat

Sunday News from the Harvard Unitarian Universalist Church
March 10, 2019

Sharing Our Plate: -- March 10: United Nations High Commissioner for Refugees *Each month, half of the contributions in the collection plate, other than those specified for pledges, go to a designated social justice organization or local charity.*

[United Nations High Commissioner for Refugees](#) – UNHCR, the UN Refugee Agency, is a global organization dedicated to saving lives, protecting rights and building a better future for refugees, forcibly displaced communities and stateless people. Currently, it is seeking \$920 million to meet the needs of more than 900,000 refugees from Myanmar and 330,000 vulnerable residents in Bangladesh host communities.

“What is Needed to Make Change?”

March 10

Senior High Youth Group

Join us for a hands on experience.

“Living Our Values”

March 17

Laura Wagner

UUs value the Seven Principles. They guide us as we navigate our lives. In our efforts to confront oppression in today’s volatile political climate, these values are more vital than ever. Join us for a service led by Laura Wagner MSW, Executive Director of the Unitarian Universalist Mass Action Network. Together we will explore the climate crisis, how this intersects with multiple justice issues, and what we are called upon to do to create change.

RELIGIOUS EDUCATION

Being on a journey

- Children start in the Sanctuary. Nursery is staffed 9:45 to 11:15.
- Butterflies will meet 10:15 to 11:10, and afterwards will be escorted back to parents in the sanctuary.

This week the Butterflies will be learning about how their actions cause ripples; having a bigger effect than they thought possible. We will be working on our thumb-print stationary for Auction.

All other children and youth are invited to the High School Youth Group service, in the sanctuary. Or, if they like, they are welcome to come and be helpers in the Fellowship Building.

Last week the Butterflies journeyed with Maria Mitchell and built a universe with a parachute and pom-poms. The Rocks considered keeping an open mind to learn new things after listening to the story of Nan-in, A Cup of Tea.

ANNOUNCEMENTS

After the worship service about “Speaking the Truth With Love” people have asked me about how they can learn to practice speaking with more clarity and awareness. I found a book “Saying What You Mean.” by Oren Jay Sofer who combines my three favorite practices, mindfulness, compassionate communication and somatic awareness, and applies them to the art of mindful communication. If you purchase a kindle version (which I did using a free kindle app for my laptop) you can link to his audio recordings of mindful

practices as you read, which is a relaxing, grounding way to read a book and learn the practices.

<https://www.shambhala.com/say-what-you-mean.html>

Join me after worship on Sunday March 31st and April 14th in the Community room from 11:30-1:00 to explore and practice his teachings together and maybe even finding a practice buddy between sessions. I can reimburse you for the cost of the book if that helps. Can you let me know if you are interested by calling me at 617-697-0922 or emailing me at revjillcowie@gmail.com

Thank you.

See you this Sunday for the Senior High School Youth Group's service. Always a favorite of mine.

-Rev. Jill

Donate Unique Foods and Items!

This month we encourage you to drop off unique items that are most needed at Loaves and Fishes:

Ensure; Carnation Instant Breakfast; feminine care products; soap; body wash; shampoo & conditioner; toothpaste; toothbrushes; liquid dish soap; adult and kid pull up diapers; poise pads.

Drop off in front foyer of sanctuary; last day is March 31.

-Hugh and Maddy Silk

Annual Benefit Auction Join us on Saturday, April 6, at 5pm for our annual benefit auction in Fellowship Building. The theme this year is NIGHT IN THE TROPICS. We encourage you to come dressed in your tropical finery. Wear your flip flops, sandals, sunglasses, summer shirts, or sun dresses—whatever you'd wear for a night in the tropics. Be prepared for an evening of food, fun, and fabulous finds.

Donation forms are available [online](#) on our church website, and at the Auction table in the sanctuary, due March 10.

For more information—Carol MacFarlane (carolmacfarlane@gmail.com)

SOCIAL ACTION

Our next meeting is March 10, 11:30-1:00 in a classroom in the Fellowship Building. All are welcome.

◇◇◇ Gem of the Week ◇◇◇

“I raise up my voice—not so I can shout but so that those without a voice can be heard . . . we cannot succeed when half of us are held back.” — Malala Yousafzai

International Women's Day was on March 8, which was first observed in 1909 when 15,000 women marched in New York City, demanding fair wages, labor standards, and guaranteed voting rights. This year's theme is #BalanceforBetter, aimed at gender equality, a greater awareness of discrimination, and a celebration of women's achievements.

-Social Justice Ministries Council

CHURCH CALENDAR

Sunday March 10

10:00 a.m. Worship Service

“What is Needed to Make Change?”

Senior High Youth Group

11:20-11:50 Jr. Choir

11:30-1:00 Starting/Restarting Point

11:30-1:00 Social Justice Ministries

Council meeting

12:00-1:00 Chimers

Tuesday March 12

6:00-8:30 p.m. Board meeting

7:15-8:15 p.m. Auction meeting

Wednesday March 13

7:00-8:00 p.m. Meditation

Thursday March 14

6:30-8:30 p.m. HRA:PI meeting

7:30-9:30 p.m. Choir

Sunday March 17

10:00 a.m. Worship Service

“Living Our Values”

Laura Wagner

11:20-11:50 Jr. Choir

12:00-1:00 Chimers