

Sharing Our Plate Each month, half of the contributions in the collection plate, other than those specified for pledges, go to a designated social justice organization or local charity.

Sharing Our Plate for October 28 and November 4

Black Lives Matter (BLM) was created in 2012 after Trayvon Martin's murderer, George Zimmerman, was acquitted for his crime, and dead 17-year old Trayvon was posthumously placed on trial for his own murder. BLM, originated in the African-American community, and is an international activist movement that campaigns against violence and systemic racism towards black people. For more information about Black Lives Matter, please go to: blacklivesmatter.com. If you would like 100% of your donation to go to Black Lives Matter, please make your check out to Black Lives Matter Boston.

October 28 Weaving the Stories of Our Life Journey Facilitated by Carol MacFarlane. Sharing our stories not only connects us to one another but is also deeply enriching, as we take note of differences and similarities with our own life's journey. Four members of Carol MacFarlane's "Weaving the Stories of Our Life Journey" group (Tom Aciukewicz, Carol Barnes, Patty Ruze, and Carol) will share excerpts from the stories they have written over the past year.

November 4 A Circle of Memory Rev. Jill Cowie. We are told there is an appropriate time for grieving, that it takes a year. That you have to live through a full cycle of the seasons and the holidays before your grieving is complete. Well I know that's not so. That grieving sometimes goes on for a long time. It's good to set aside time each

year to remember. And what better time than now, as winter approaches? Please bring a photo of your beloved to add to our altar of memory. Let us remember together.

RELIGIOUS EDUCATION

October 28: Begin in the sanctuary November 4: Begin in the sanctuary

ANNOUNCEMENTS

Make Thanksgiving special for our neighbors. For Loaves and Fishes for November, high need items for the special day are: nuts, crackers, pickles, olives, candy, cookies, cake mix, stuffing mix, cranberry sauce, turkey or chicken broth, coffee, tea and cocoa. We will pick up donations on November 18th. Thank you!

Hugh and Maddy Silk

UU Common Read Please join Reverend Jill Cowie in her office, usually on the second Sunday of each month, at 11:45-1:00 to discuss a chapter in the UU Common Read for 2018-2019 year: Justice on Earth, People of Faith Working at the Intersections of Race, Class, and the Environment, by Manish Mishra-Marzettiand Jennifer Nordstrom. Our next meeting is November 18.

Openings Still Available for Monthly Small Group Discussions Unitarian Universalism is about connection. We are a religion that seeks to help people navigate through an increasingly shallow, frantic and materialistic world that often leaves us feeling disconnected from our deeper selves. In September, using the curriculum of Soul Matters, we began monthly gatherings to learn, support, and explore spiritual practices while deepening our personal connections. We still have

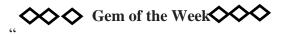
openings available in both our 3rd Tuesday, 7-9 p.m. and 3rd Thursday, 9-11 a.m. groups. Discussions are facilitated by Tom Aciukewicz and Paige O'Brien, with support from Rev. Jill. If you are interested in participating or learning more, please contact Tom,

SOCIAL JUSTICE

a2z.tom@gmail.com.

The next Social Justice Ministries Council (SJMC) meeting will be held on Thursday, November 15th at 7:00 pm in Jill's office. All are welcome.

-Risa Goldman





"13th attempt to break the Gaza blockade by sea." Photo by Mustafa Hassouna

WOMEN'S ALLIANCE

Meeting November 6. All are welcome. Come Hear Our Resident Beekeeper! George Krusen

6:30 p.m. Potluck, 7:30 Program. Fellowship Building -Hostess, Mary Donald

Next Weaving Stories Workshop

If you are inspired by hearing the stories of our current "Stories Group" Sunday morning, please consider signing up for the next class starting after the holidays. See Carol after the service or contact her at carolmacfarlane@gmail.com, letting her know which mornings, afternoons, or

evenings you would be available.

Given a different topic each week (eg. our childhood years, our life work, our spiritual path, to name a few), we will write about two pages during the week, weaving the memories from our past as they relate to each topic. Sharing our stories with the group will enrich all of us, as we take note of differences and similarities with our own life's journey. The group will meet for six weeks (and may choose to continue once a month). A minimum of five participants is needed.

Silent Sit - Wednesday Meditation Join us, every Wednesday from 7:00-8:00 pm in the Charlanne Van Wormer room of the Fellowship Building for a silent meditation period. We open with a reading. We then sit for 20 or 25 minutes, followed by about 10 minutes of walking meditation, and finish with 10 more minutes of sitting. We then typically finish with another short reading. All are welcome. Bring your own mat/cushion/whatever you use, or use one of ours. If you prefer a chair, we have those as well. For more information davidpkendall@gmail.com, or Pam at pwfrederick@gmail.com.

CALENDAR

Sunday October 28 10:00 a.m. Worship Service Sharing Our Stories

Facilitated by Carol MacFarlane

11:20-11:50 Jr. Choir 12:00-1:00 Chimers

Sunday November 4

Fellowship Building not available. 10:00 a.m. Worship Service

A Circle of Memory Rev. Jill Cowie

11:20-11:50 a.m. Jr. Choir (in the sanctuary) 12:00-1:00 Chimers

Tuesday November 6

6:00 p.m. Connections Team 6:30 & 7:30 p.m. Alliance

George Krusen: Beekeeping! 7:00 p.m. Worship Team